

Wake Up Narcolepsy Announces Inaugural Bridging Perspectives Convening *A New Chapter in Narcolepsy Awareness and Community Collaboration*

For Immediate Release

August 19, 2025, Boston, MA - Wake Up Narcolepsy (WUN) is proud to announce the inaugural Bridging Perspectives Convening, an event designed to foster collaboration, amplify understanding and unite the Narcolepsy community with leading researchers, clinicians and advocates. The daylong event will take place on Friday, September 26, 2025 at the Aloft Boston Seaport District.

Bridging Perspectives leans into more than fifteen years of WUN's relationship building amongst key constituents including people with Narcolepsy or Idiopathic Hypersomnia (IH), treatment researchers, clinical providers, support group leaders, family members and industry professionals. Tammy Anderson, Executive Director of Wake Up Narcolepsy, expresses, "Bridging Perspectives is more than an event—it's a movement. Our community will come together across disciplines, backgrounds and experiences on a larger scale than ever before to amplify our collective voice and illuminate new pathways to understanding and support. This convening stands as a testament to the resilience and hope within the Narcolepsy community, and I am deeply honored to help shape this innovative gathering."

The convening will highlight new perspectives in diagnosis, treatment innovation and strategies to build a more inclusive, supported community. Attendees will gain access to a dynamic and thoughtful program, including:

- Panel discussions featuring lived experiences, leading experts, advocacy and navigating healthcare systems
- Breakout sessions highlighting unique perspectives across the Narcolepsy journey
- Interactive Q&A sessions with researchers, clinicians and advocacy leaders
- Community networking opportunities and an exhibitor showcase

Registration for Bridging Perspectives welcomes individuals living with Narcolepsy, Idiopathic Hypersomnia, families, clinicians, researchers and advocates. Space is limited and registration is required. To register: <https://onecau.se/wunbridgingperspectives>

WUN wishes to express heartfelt gratitude to our event sponsors whose generosity ensures Bridging Perspectives is accessible, impactful and forward-thinking. Special thanks to Platinum Sponsors, Avadel Pharmaceuticals.

For more information, please contact info@wakeupnarcolepsy.org

Wake Up Narcolepsy (WUN) is a 501(c)(3) nonprofit organization dedicated to driving Narcolepsy awareness, education and research towards improved treatments and a cure.