



Wake Up Narcolepsy Representatives Attend 2024 Sleep Advocacy Forum in Washington D.C.

November 8, 2024 - Wake Up Narcolepsy (WUN) was pleased to take part in the 2024 Sleep Advocacy Forum!

The annual event is organized by [Project Sleep](#) to bring sleep advocates and policymakers together in Washington, DC! Project Sleep is a nonprofit organization dedicated to raising awareness about sleep health, sleep equity and sleep disorders.

WUN representatives Tammy Anderson and Cara Weaver learned from and shared with other groups in attendance. It's always amazing to collaborate with those who share a passion for advocacy.

The first day was filled with insightful speakers and many perspectives on all things related to sleep health. The second day took place on Capitol Hill, where Tammy and Cara joined others in advocating for sleep through meetings with members of congress.

Congratulations to Lauren Thomas for receiving this year's Sleep Advocacy Champion Award and thank you to Project Sleep for another great event!