



Celebrating Women in Wake Up Narcolepsy's Journey - Women's History Month 2024

March 22, 2024 - Since inception in 2008, countless women have contributed to the mission and success of Wake Up Narcolepsy (WUN)! Today, in honor of Women's History Month, we celebrate the women currently serving in WUN leadership roles.

The woman who co-founded the organization and continues to serve as our Executive Director, never compromising on the vision she had in 2008: **Monica Gow**.

The women on our Medical Advisory Board, helping us provide accurate content to the community and answer the community's questions, all while seeing patients of their own and working to improve the lives of people living with Narcolepsy: **Indra Narang**, MD, **Kiran Maski**, MD and **Shelby Harris**, PsyD, DBSM.

The women on our Board of Directors, sharing our vision and dedication to our mission and helping us achieve it: **Mary Beth Guckian**, Board Chair, **Lynn Grisco**, Vice Chair, **Kimberly Cassidy**, Clerk, **Kelsey Biddle**, **Nicole Jeray** and **Anne Samarawickrama**.

We hope to constantly grow in the way we are able to serve the Narcolepsy community and these are some of the women who make this possible. Today and every day, we thank you!

We also want to recognize the **women out there, living with Narcolepsy or having a loved one affected by Narcolepsy**. We are proud of you for all you do!

To learn more about Narcolepsy in women, check out the Society for Women's Health Research's [Narcolepsy Toolkit for Women](#).

To learn more about the people mentioned and the work they do, check out their bios on our [About WUN page](#).