



## Join Us for February's Brown Bag Webinar with Dr. Scammell - Narcolepsy 101

**January 22, 2024** - The first of Wake Up Narcolepsy's 2024 Brown Bag Webinars will be "Narcolepsy 101" by Thomas Scammell, MD, on February 8th at 2pm ET. We would love to see you there!

This presentation will be valuable for any person with Narcolepsy or a loved one, no matter what point you are in your journey. This is a great opportunity to "ask the expert." Questions are welcome and answered live by Dr. Scammell. Register now [here!](#) Learn more about the upcoming webinars [here.](#)

Thomas Scammell, MD is a Professor of Neurology at Harvard Medical School, Beth Israel Deaconess Medical Center, and Boston Children's Hospital, Boston, Massachusetts. Dr. Scammell received his medical degree from the University of Massachusetts Medical School, and then completed a residency in Neurology at the University of California, San Francisco.

For the last 25 years, Dr. Scammell has run a research lab at Beth Israel Deaconess Medical Center focused on identifying the neural mechanisms that control sleep and wakefulness. He has received several NIH grants to study the control of sleep and wakefulness by the hypothalamus and brainstem, and much of his lab's work now focuses on narcolepsy and identifying the pathways through which the orexin neuropeptides stabilize wakefulness and suppress cataplexy.

Additional projects examine the interactions of sleep and pain, and the functions of arousal-promoting brainstem pathways. Dr. Scammell also treats patients with narcolepsy and other sleep disorders. He is a Section Editor for UpToDate and Principles and Practice of Sleep Medicine and was a Deputy Editor of Sleep. He has published over 150 research articles, reviews, and chapters.